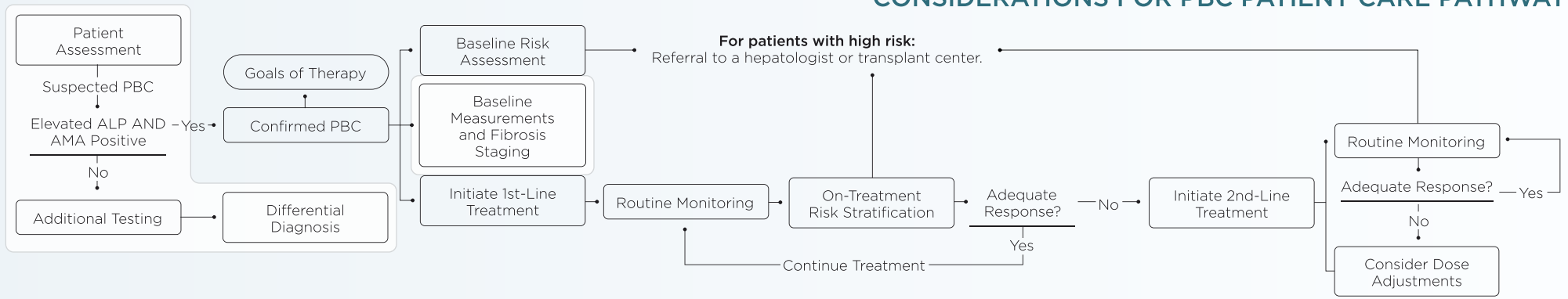


CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



OVERVIEW

- This document is for educational purposes only and provides a non-exhaustive description of potential care options in PBC.
- The content of this document is based on information from approved product prescribing information, published guidelines, and peer-reviewed literature.
- HCPs should exercise their independent clinical judgment when managing patients with PBC.
- This educational tool does not promote the use of any particular treatment option.
- If requested, this material is available through a [Medical Information Request Form](#) (MIRF).



Liver biopsies are rarely needed to diagnose PBC but may be recommended in AMA-negative patients with the absence of PBC-specific autoantibodies, or to rule out concomitant AIH, NASH or other liver diseases.^{1,3}

Evidence of portal hypertension include ascites, gastroesophageal varices or persistent thrombocytopenia.⁹

Noninvasive imaging tests (TE, MRE) can identify patients with advanced fibrosis and at risk of hepatic decompensation.¹⁰

LSM by VCTE, in combination with established biochemical criteria of therapeutic response or prognostic score, improves outcome prediction in PBC.¹¹

This educational resource was developed and is provided by Intercept Pharmaceuticals, Inc. US-PB-MED-00921 08/2023

PATIENT ASSESSMENT & BASELINE MEASUREMENTS

- History, physical examination¹⁻³

Patient with suspected PBC:

- Chronic cholestasis with abnormalities in serum biochemistry (elevated ALP/GGT/AST/ALT)¹⁻³
- Symptoms including fatigue, pruritus, abdominal pain, sicca, arthralgias (joint stiffness), excoriations, hyperpigmentation¹⁻⁴
- Diagnosis of autoimmune conditions (e.g., Sjögren syndrome, CREST, thyroid disease, Celiac disease, scleroderma, and Raynaud disease)¹⁻⁴

Laboratory testing for consideration

The following testing is not all required routinely (or in all patients) for diagnosing PBC, but may be used in AMA-negative cases and at initial assessment to rule out other causes for symptoms and/or achieve baseline measurements.

- Complete Blood Count (CBC)*
 - Platelets¹⁻⁴
 - Hemoglobin (Hgb)¹⁻³
- Comprehensive Metabolic Panel (CMP)* → liver function/enzymes
 - Albumin¹⁻³
 - Total bilirubin²⁻⁴
 - Direct bilirubin²⁻⁴
 - Liver enzymes (ALP, ALT, AST), GGT¹⁻⁴
- Antibody test
 - AMA¹⁻⁴
 - If AMA-negative → ANA⁴ (anti-sp100, anti-gp210)¹⁻⁴
- Immunoglobulin test
 - IgM¹⁻⁴
 - IgG¹⁻³
- Blood clotting tests: INR^{2,3}
- Lipid panel¹⁻³:
 - LDL
 - Cholesterol
 - HDL
 - Triglycerides
- Vitamin A, D¹⁻³
- Thyroid-stimulating hormone (TSH)¹⁻³
- Bone mineral density (BMD)¹⁻⁴
- Abdominal ultrasound²⁻⁴
 - Exclude mechanical bile duct obstruction, mass lesions, and abnormalities of the gallbladder³
 - Spleen length > 12 cm indicative of splenomegaly³⁶
 - Portal vein diameter > 12 mm via doppler ultrasound is indicative of portal hypertension³⁷
- Assess fibrosis/liver stiffness³⁻⁵
 - Transient elastography
 - Serology: FIB-4, APRI
- Upper endoscopy (stage for varices; for patients with cirrhosis; consider in patients with advanced fibrosis based on clinical judgment)^{1,3}
- Liver biopsy¹⁻³
- Screen for hepatitis A, B and C³⁸⁻⁴²
 - HAV: total antibody⁴⁵
 - HBV: test all adults with the triple panel (HBsAg, anti-HBc total, and anti-HBs)^{40,43}
 - Offer to vaccinate all appropriate adults for HBV when HBV triple panel negative, if appropriate⁴⁰

DIFFERENTIAL DIAGNOSIS

The diagnosis of PBC should be suspected in **adult patients with chronic liver test abnormalities, after exclusion of other causes of liver disease**,^{1,3} including, but not limited to:

- Cholestatic drug reaction^{1,3}
- Biliary obstruction¹⁻³
- Sarcoidosis^{1,3}
- Autoimmune Hepatitis (AIH)¹⁻³
- Primary sclerosing cholangitis (PSC)¹⁻³
- Progressive familial intrahepatic cholestasis³
- Nonalcoholic steatohepatitis (NASH)¹⁻³
- Benign recurrent intrahepatic cholestasis³
- Infiltrative liver diseases³
- IgG4-associated cholangitis³

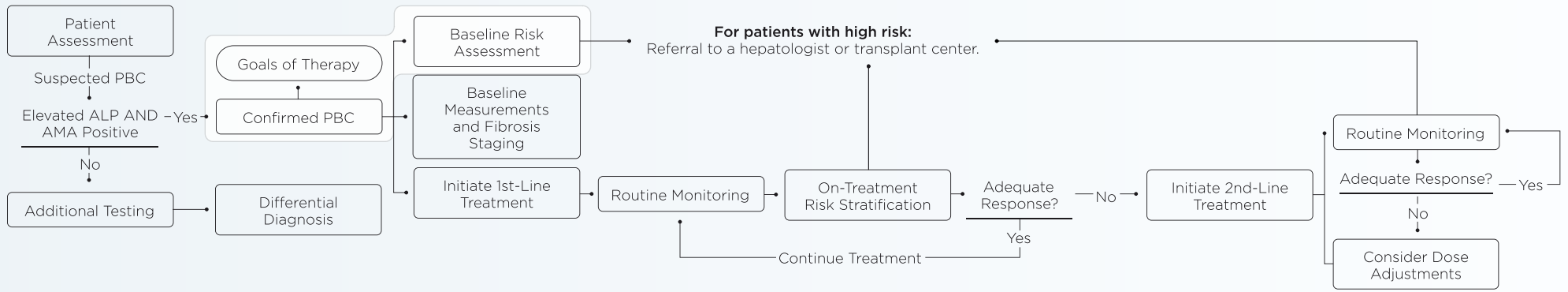
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- If HB surface antigen positive, evaluate HBV DNA quantity and hepatitis delta total antibody⁴³
- Treat individuals who are HBV DNA positive, if appropriate⁴³
- Stage liver disease and start surveillance for liver cancer and other forms of liver disease, if appropriate⁴³
- HCV: FDA-approved anti-HCV test⁴¹
- HCC surveillance^{1,3}: AFP, DCP, AFP-L3% levels⁶, GALAD Score⁷
- Assess for Celiac Disease (e.g., anti-transglutaminase assay, biopsy of small intestine)⁸

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*Key considerations for PBC diagnosis and management, not comprehensive of all measures included in laboratory testing.

CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



DIAGNOSIS OF PBC

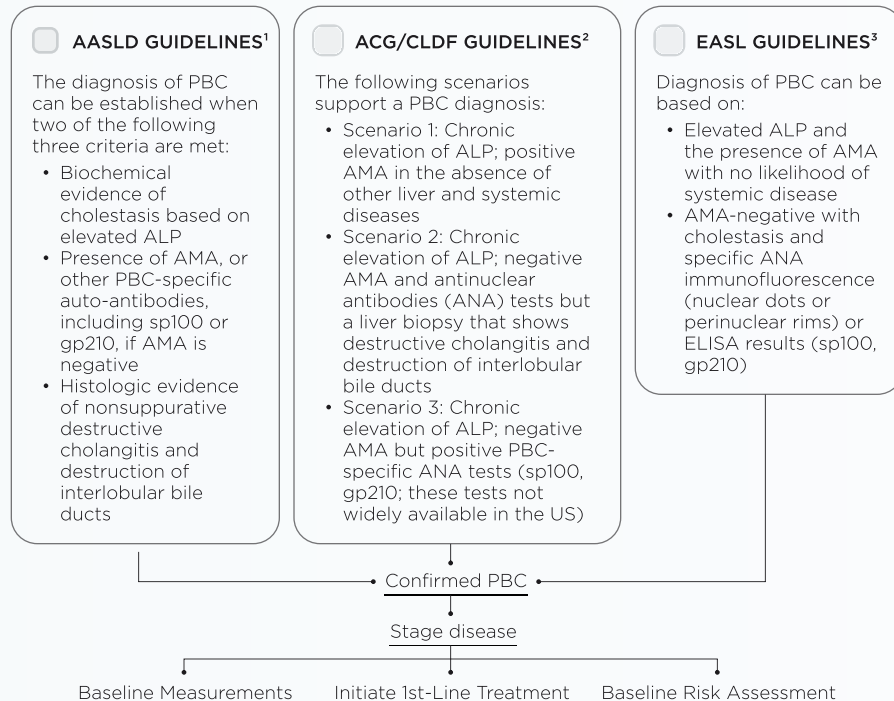
The diagnosis of PBC should be suspected in adult patients with chronic cholestasis after exclusion of other causes of liver disease.^{1,3} While the available guidelines differ slightly in recommendations for patients with suspected PBC who are AMA-negative, **the guidelines listed below agree that a PBC diagnosis can be established in patients with^{1,3}:**

- AMA positive* AND elevated ALP with exclusion of other causes of liver disease

*AMA positive immunofluorescent assay titer of >1:40 or EIA > 25 units.^{2,3}

Note: AMA positivity alone is not sufficient to make the diagnosis of PBC.¹⁻³ Guidelines recommend following up with these patients every 6-12 months with repeat liver enzyme panels.²

Additional scenarios and considerations for diagnosing PBC based on available guidelines



GOALS OF PBC THERAPY

The treatment goals of PBC are aimed to **prevent progression to advanced liver disease and to alleviate symptoms.**^{1,4,12}

- Slow disease progression¹⁻⁴
- Prevent progression to cirrhosis or complications in patients who already have cirrhosis (decompensation, HCC)¹⁻⁴
- Symptom management¹⁻⁴
- Normalization of ALP^{2,4,12}
- Stabilization/reduction of bilirubin^{4,12}
- Decrease hospitalization due to liver related complications
- Increase transplant-free survival^{1,2}

+

BASELINE RISK ASSESSMENT

Pre-treatment Risk Assessment

Assessing baseline risk ensures patients receive timely follow-up and allows for a personalized treatment approach.

LOW RISK

- No/early fibrosis⁴
- Mild ALP (<1.5x ULN)^{2,4} **AND**
- Normal bilirubin⁴ **AND**
- Normal albumin⁴

EMERGING DATA

- Total bilirubin ≤ 0.6x ULN¹²

INTERMEDIATE-HIGH RISK

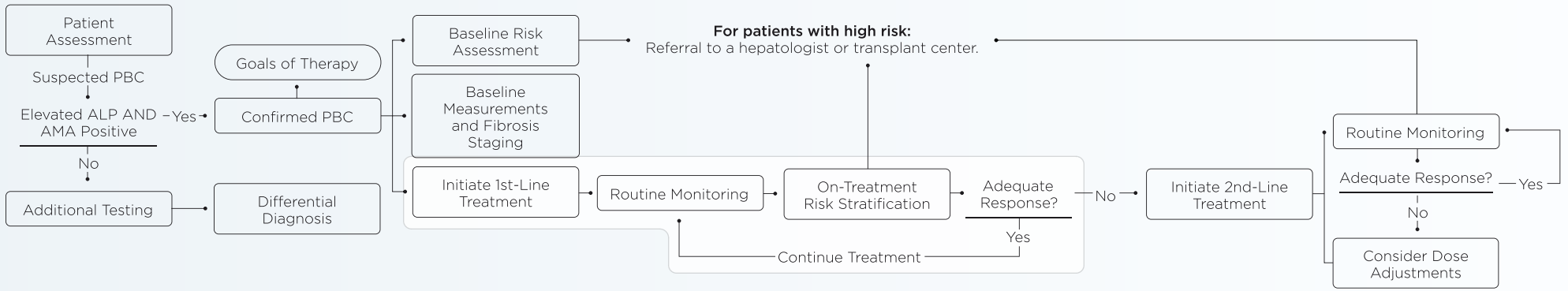
- Age at diagnosis < 45⁴
- ALP > 1.5x ULN⁴
- Abnormal bilirubin⁴
- Low albumin⁴
- Advanced baseline fibrosis (F3-F4)^{4,13}
- Early cirrhosis (Child-Pugh A)⁴

CONSIDER REFERRAL TO A HEPATOLOGIST OR TRANSPLANT CENTER FOR FURTHER ASSESSMENT

- Decompensated cirrhosis (Child-Pugh B or C)⁴ **OR**
- Bilirubin > 2x ULN⁴ **OR**
- Severe uncontrolled pruritus⁴

Emerging data from peer-reviewed, primary research literature; not incorporated in guidelines

CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



INITIATION OF FIRST-LINE TREATMENT CONSIDERATIONS

Initiate 1st-line treatment

- Ursodeoxycholic acid (UDCA) 13-15 mg/kg/day^{1-3,14}
 - 2-4 divided doses with food¹⁴
- Per discretion of provider:**
 - 2 divided doses¹
 - Once daily (may improve compliance)¹

Routinely monitor for biochemical response, tolerability, and progression of PBC¹⁴

- Every month for 3 months after initiating therapy and every 6 months thereafter¹⁴
- Per discretion of provider:**
 - 6 months after initiating therapy^{2,3}
 - 3-6 months indefinitely¹
 - 1 year after initiating therapy¹

Binary criteria and definition of response^{1,2}

TORONTO
ALP 1.67x ULN

PARIS II
ALP 1.5x ULN
AST 1.5x ULN
Total bilirubin 1 mg/dL

RISK SCORING SYSTEMS¹⁻³

- GLOBE Score
- UK-PBC Score
- Mayo PBC Score

Ongoing Routine Monitoring Assessments

Routine follow-up assessments should look for^{1-3,14}

- Abdominal discomfort¹⁴
- Abdominal pain¹⁴
- Hair loss^{1,3,14}
- Diarrhea^{1-3,14}
- Nausea¹⁴
- Pruritus¹⁴
- Rash¹⁴
- Increased GGT, ALP, AST, ALT, bilirubin¹⁴
- Complete biliary obstruction¹⁴

Per discretion of provider:

- Weight gain^{1,3}
- Progression of liver stiffness/fibrosis¹

Discontinuing treatment should be considered in patients with increased GGT, ALP, AST, ALT, bilirubin.¹⁴

Tolerating treatment?

No

Discontinue UDCA and evaluate for 2nd-Line

Response achieved

On-Treatment Risk Stratification

No response

Initiate 2nd-Line treatment



Fibrosis stage (as assessed by VCTE or MRE) can guide the decision of whether response to UDCA and subsequent second-line treatment need should be assessed at 6 months or 12 months.¹⁰

Contraindicated in patients with¹⁴:

- complete biliary obstruction
- known hypersensitivity or intolerance to ursodiol or any components of the formulation

Patients with the following should receive appropriate specific treatment¹⁴:

- Variceal bleeding
- Hepatic encephalopathy
- Ascites
- In need of an urgent liver transplant

To report suspected adverse reactions, contact Intercept Pharmaceuticals, Inc. or the FDA:

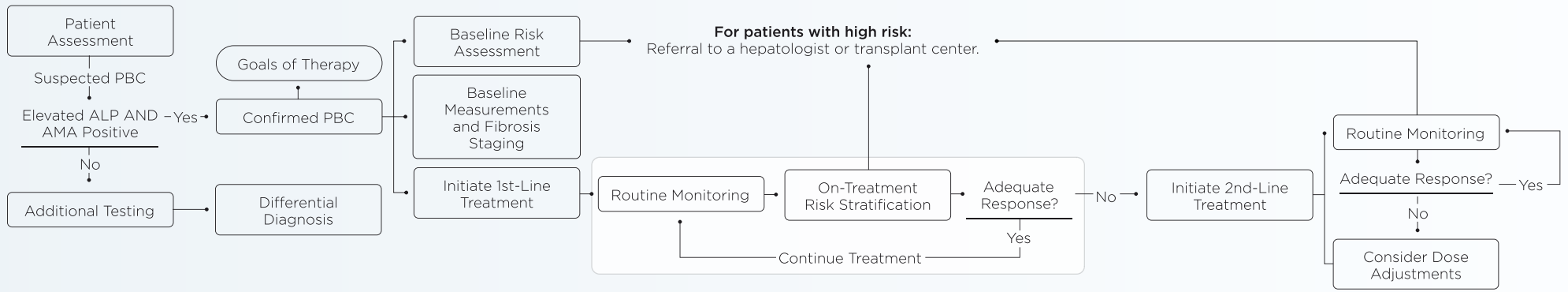
[1-844-782-ICPT](tel:1-844-782-ICPT)

[fda.gov/medwatch](https://www.fda.gov/medwatch)

[1-800-FDA-1088](tel:1-800-FDA-1088)

The content of this page is based on information from UDCA PI¹⁴ and published guidelines.¹⁻³

CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



ROUTINE MONITORING ASSESSMENTS FOR FIRST-LINE TREATMENT

Routine follow-up assessments should look for^{1-3,14}

- Weight gain^{1,3}
- Hair loss^{1,3,14}
- Pruritus¹⁴
- Ascites¹⁴
- Jaundice¹⁴
- Variceal bleeding¹⁴
- Increased GGT, ALP, AST, ALT, bilirubin¹⁴
- Progression of liver stiffness/fibrosis¹
- Cirrhosis¹
- Portal hypertension²
- Hepatic encephalopathy¹⁴
- HCC^{1,3}
- Bone disease/osteoporosis^{1,2}
- Sicca syndrome²
- Dyslipidemia²

+

All chronic liver disease patients²

- Immunizations against Hepatitis A and B
- Optimize body weight
- Minimize alcohol consumption
 - Counsel on alcohol abstinence¹

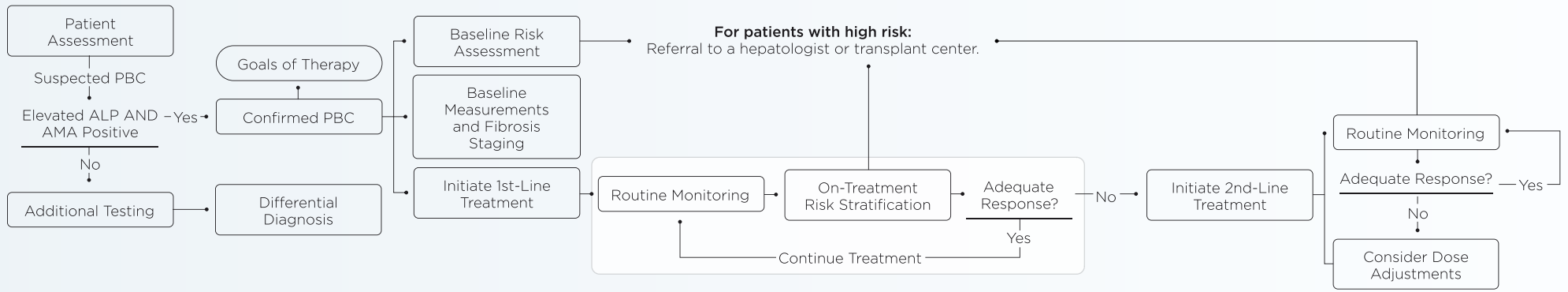
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Laboratory testing for consideration when conducting ongoing monitoring and assessments¹⁻⁶

- Complete Blood Count (CBC)*
 - Platelets^{1,4}
 - Hemoglobin (Hgb)¹⁻³
- Comprehensive Metabolic Panel (CMP)* → liver function/enzymes
 - Albumin¹⁻³
 - Total bilirubin²⁻⁴
 - Direct bilirubin²⁻⁴
 - Liver enzymes (ALP, ALT, AST), GGT¹⁻⁴
- Lipid panel¹⁻³:
 - LDL
 - HDL
 - Cholesterol
 - Triglycerides
- Blood clotting tests: INR^{2,3}
- Thyroid-stimulating hormone (TSH)¹⁻³
- Vitamin A, D¹⁻³
- Bone mineral density (BMD) (every 2 years)¹⁻⁴
- Abdominal ultrasound: monitor for ascites²⁻⁴
- Assess fibrosis/liver stiffness³⁻⁵
 - Transient elastography
 - Serology: FIB-4, APRI
- Cholangiography with MRCP²
- Upper endoscopy (stage for varices; for patients with cirrhosis)^{1,3}
- Liver biopsy¹⁻³
- Screen for HCC¹
- HCC surveillance: AFP, DCP, AFP-L3% levels (surveillance every 6 months with ultrasound and AFP in patients with advanced fibrosis and men with PBC), GALAD score^{1-4,6,7}

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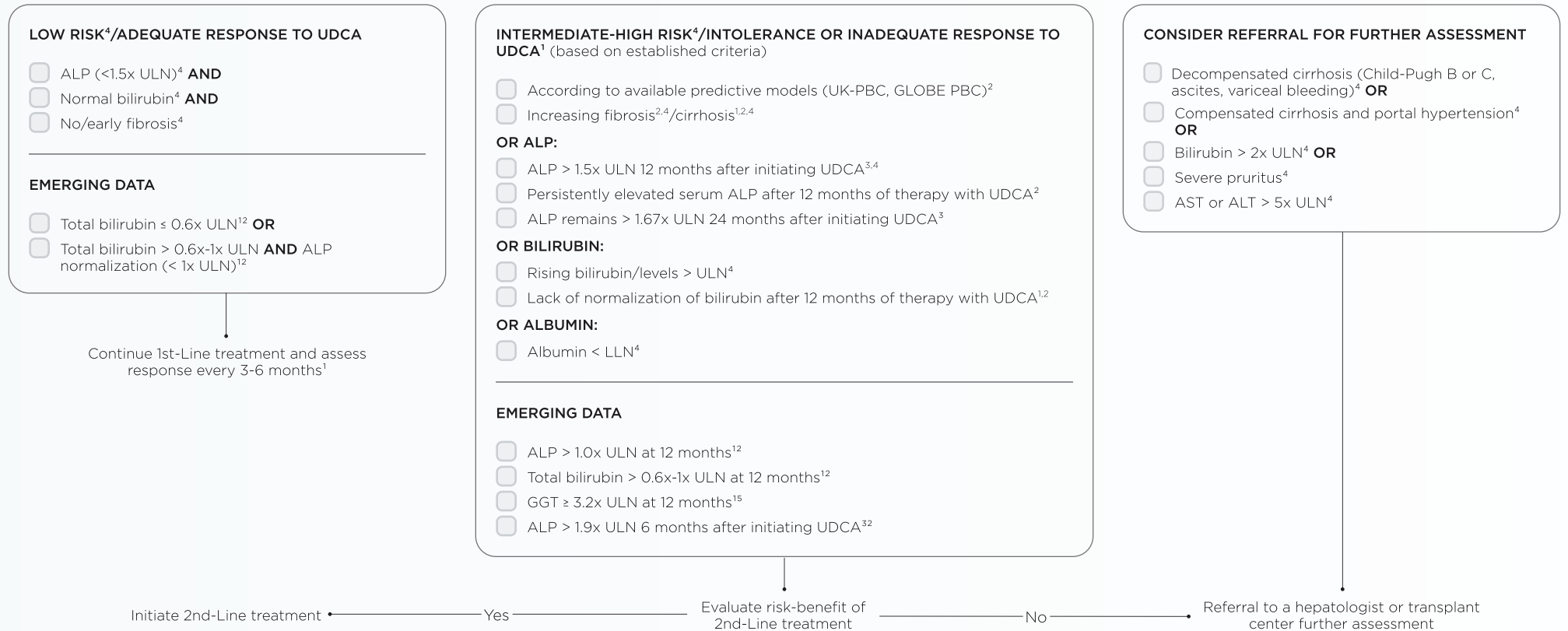
CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



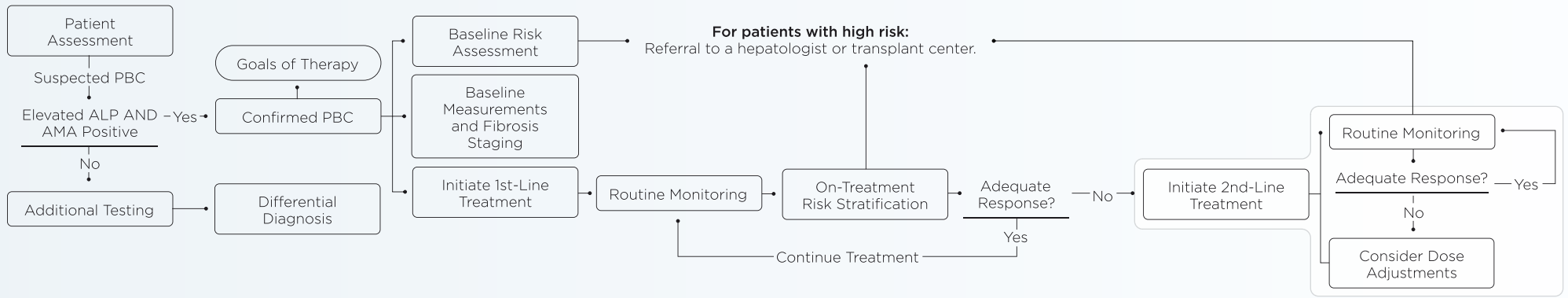
RESPONSE AND ON-TREATMENT RISK STRATIFICATION

Despite treatment with UDCA, PBC can remain a progressive disease and has a risk of liver-related complications and death. The risk of developing end-stage complications and potential need for additional treatments should be assessed in all patients.³

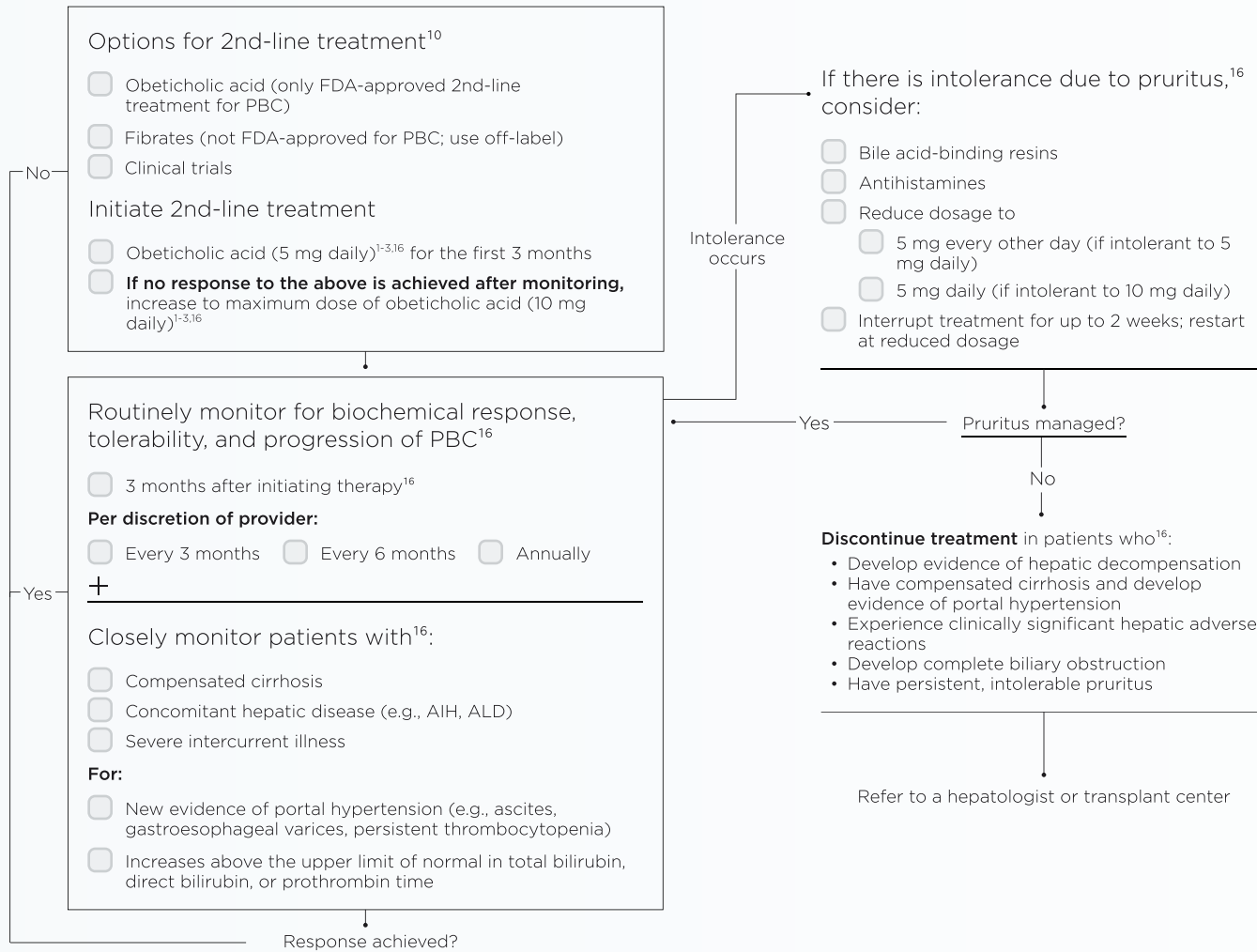
Assess risk of progression based on response to treatment^{1,2,4,10,13}



CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



SECOND-LINE TREATMENT CONSIDERATIONS



Obeticholic acid is contraindicated in patients with¹⁶:

- decompensated cirrhosis (e.g., Child-Pugh Class B or C) or prior decompensation event
- compensated cirrhosis who have evidence of portal hypertension (e.g., ascites, gastroesophageal varices, persistent thrombocytopenia)
- complete biliary obstruction

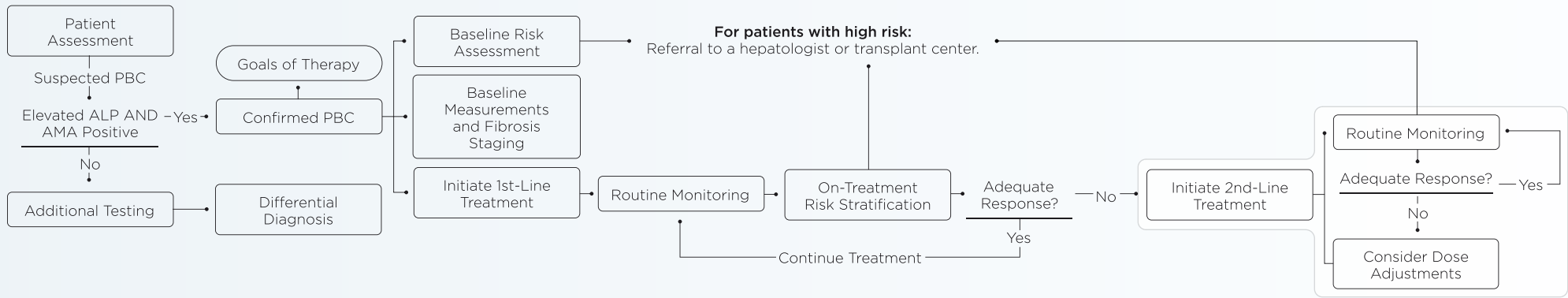
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[fda.gov/medwatch](https://www.fda.gov/medwatch)

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CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



ROUTINE MONITORING ASSESSMENTS FOR SECOND-LINE TREATMENT

Patients with cirrhosis (even if not advanced) on obeticholic acid should be carefully monitored for evidence of liver decompensation or portal hypertension.⁹

Routine follow-up assessments should look for^{1-3,14}

- Pruritus¹⁴
- Ascites¹⁴
- Jaundice¹⁴
- Variceal bleeding¹⁴
- Reduction in HDL-C¹⁶
- Progression of liver stiffness/fibrosis¹
- Cirrhosis¹
- Portal hypertension²
- Hepatic encephalopathy¹⁴
- HCC^{1,3}
- Bone disease/osteoporosis^{1,2}
- Sicca syndrome²
- Dyslipidemia²

+

All chronic liver disease patients²

- Immunizations against Hepatitis A and B
- Optimize body weight
- Minimize alcohol consumption
 - Counsel on alcohol abstinence¹

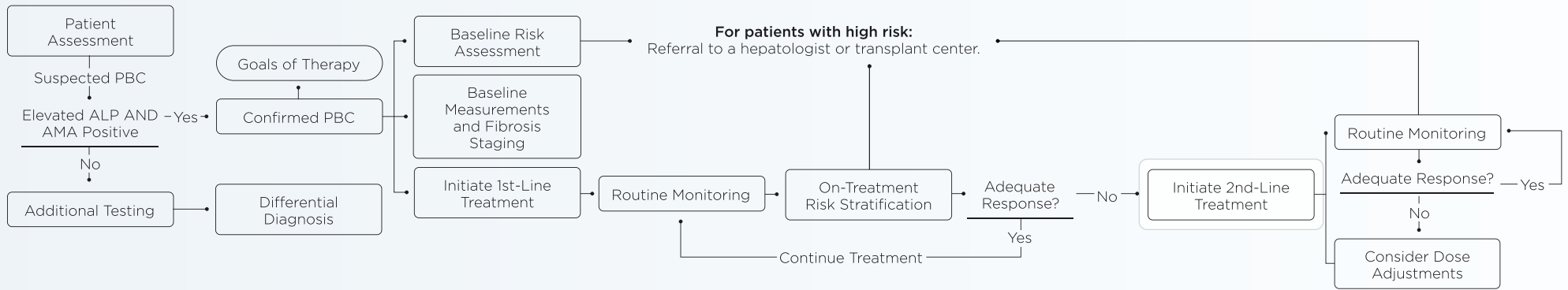
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Laboratory testing for consideration when conducting ongoing monitoring and assessments¹⁻⁶

- Complete Blood Count (CBC)*
 - Platelets¹⁻⁴
 - Hemoglobin (Hgb)¹⁻³
- Comprehensive Metabolic Panel (CMP)* → liver function/enzymes
 - Albumin¹⁻³
 - Total bilirubin²⁻⁴
 - Direct bilirubin²⁻⁴
 - Liver enzymes (**ALP**, ALT, AST), GGT¹⁻⁴
- Lipid panel¹⁻³:
 - LDL
 - HDL
 - Cholesterol
 - Triglycerides
- Blood clotting tests: INR^{2,3}
- Thyroid-stimulating hormone (TSH)¹⁻³
- Vitamin A, D¹⁻³
- Bone mineral density (BMD) (every 2 years)¹⁻⁴
- Abdominal ultrasound: monitor for ascites²⁻⁴
- Assess fibrosis/liver stiffness³⁻⁵
 - Transient elastography
 - Serology: FIB-4, APRI
- Cholangiography with MRCP²
- Upper endoscopy (stage for varices; for patients with cirrhosis)^{1,3}
- Liver biopsy¹⁻³
- Screen for HCC¹
- HCC surveillance: AFP, DCP, AFP-L3% levels (surveillance every 6 months with ultrasound and AFP in patients with advanced fibrosis and men with PBC), GALAD score^{1-4,6,7}

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CONSIDERATIONS FOR PBC PATIENT CARE PATHWAY



ADDITIONAL PRURITUS MANAGEMENT

Strategies to manage pruritus in obeticholic acid-treated patients

Topical treatments and lifestyle interventions

- Moisturizers^{1,3,33}
- Cooling agents³³
- Antihistamines^{1-3,33}
- Diphenhydramine³³
- Oatmeal extract^{3,33}
- Taking cool showers/showering in the morning^{3,33}
- Using clear/gentle soaps and laundry detergents³³
- Application of cold packs or fabric strips soaked in cold water^{1,33}
- Avoidance of wool and other potentially irritating fabrics^{1,33}
- Wearing loose-fitting clothing^{1,33}
- Primrose oil⁴⁴

Prescription medications

- Tobacco cessation³³
- Bile acid-binding resin^{1,3,33}
- Cholestyramine^{1-3,33}
- Colestipol^{1,33}
- Rifampicin^{1-3,33}
- Antihistamines^{1,33}
- Hydroxyzine³³
- Opioid antagonists^{1,3,33}
- Naltrexone^{1,3,33}
- Naloxone³³
- Gabapentin^{3,33}
- Selective serotonin reuptake inhibitors (SSRIs)^{1-3,33}

Other therapies*

- Ultraviolet light therapy^{1,3,33}
- Nasobiliary drainage^{1-3,33}
- Albumin dialysis^{1,2,33}
- Plasmapheresis^{1,2,33}

*These physical interventions are available as salvage therapies.

If steps to manage pruritus are not successful¹⁶:

- Reduce dosage to
 - 5 mg QOD (for patients intolerant to 5 mg QD)
 - 5 mg QD (for patients intolerant to 10 mg QD)
- Interrupt treatment for up to 2 weeks; restart at reduced dosage
- If reducing dosage or dose interruption, titrate the dosage based on biochemical response and tolerability
- Discontinue treatment in patients who continue to experience persistent, intolerable pruritus despite management strategies



Fibrates are discouraged in patients with decompensated liver disease.^{9,17}

Fenofibrate is contraindicated in patients with¹⁷:

- Known hypersensitivity to fenofibrate
- Liver disease
- Severe renal dysfunction
- Preexisting gallbladder disease
- Breastfeeding

If fibrates are used, the following monitoring should be considered¹⁷:

- Kidney function (uric acid, BUN, creatinine clearance)
- Hepatic function
- CPK
- Platelets, WBC
- Lipid panel: total cholesterol, HDL, LDL, triglycerides

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